

DIVORCE WORKSHOPS

Dates and Time

DIVORCE WORKSHOP FOR MEN

Meets the second Saturday of each month.

Registration: 8–8:30 a.m.

Workshop: 8:30–10:30 a.m.

\$25.00 per participant. No pre-registration required.

For room number or to pre-register, call the Community Services Office at 760.795.6820.

PARENTING AFTER DIVORCE

Registration: 8:30–9 a.m.

Workshop: 9 a.m.–12 p.m.

\$35.00 per participant. No pre-registration required.

Room 201.

For dates or to pre-register, call the Community Services Office at 760.795.6820.

SECOND SATURDAY: DIVORCE WORKSHOP FOR WOMEN

Meets the second Saturday of each month.

Registration: 8–8:30 a.m.

Workshop: 8:30 a.m.–1:30 p.m.

\$45.00 per participant. No pre-registration required.

Cash or check accepted.

Call for information regarding subsidized fees for those with financial need.

Room 201.

For more information, visit us at

www.secondsaturday.com

email us at secsat@wife.org

or call us at 858.792.0524

or 858.524.0955.



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Cardiff, CA 92007

For dates and times:
www.secondsaturday.com
760.795.6820



Shaping Minds for Success.

DIVORCE WORKSHOPS



Divorce Workshop for Men

Parenting After Divorce

**Second Saturday:
Divorce Workshop for Women**



DIVORCE WORKSHOP FOR MEN



This workshop provides men with the tools needed to navigate the challenging waters of divorce. In a concise and logical fashion, receive the knowledge needed to choose and utilize divorce professionals wisely so as to achieve optimum results while saving time and money.



By the end of the workshop, you will know your rights; understand the legal, financial and tax consequences; and be better prepared psychologically. Plus, if you have children, you will be aware of the many complex parenting issues.

- Learn about the legal, financial, and psychological issues surrounding divorce.
- Find helpful community resources available to men.
- Learn from experts who have guided thousands of men through divorce.

Get a handle on all the basics in this divorce workshop for men. You'll find out what you need to do to break up—and still break even.

for Men
Divorce
THE SURVIVAL GUIDE

PARENTING AFTER DIVORCE



Parents want to do what's best for their children, but struggle when talking with them about divorce and changes in the family. Parents will learn strategies to communicate with their children in an age-appropriate way; learn how to protect their children from parental conflict and competition; and be guided on how to make decisions that benefit the children.



- Learn how to establish cooperative co-parenting relationships.
- Learn strategies to support your children through family changes and transitions.
- Acquire resources for improved communication.
- Learn from experts who have worked with thousands of children going through divorce.

Co-parents are encouraged, but not required to attend the same session.

SECOND SATURDAY: Divorce Workshop for Women



Second Saturday provides an invaluable service for every woman facing the complexities of divorce. This workshop is designed to help women take the next step, at any stage in the process of untying the knot.

Many people struggle with indecision. With the logical, yet compassionate guidance of trained professionals, workshop participants gain greater understanding of the confusing divorce process. This program is an excellent supplement to professional advice and will give you the basic knowledge you need to choose and deal with various professionals, saving time, money, and frustration.

- Explore the legal, financial, psychological and social issues of divorce.
- Discover community resources available to help you.
- Talk with other women experiencing similar life changes.
- Learn from experts who have guided thousands of women through divorce.



Second Saturday provides unbiased information to help you explore your options; deal with guilt, anger, and grief; and move forward with your life.